

# NEWS AND UPDATES

## Student Events & Activities Newsletter

October 28, 2024 | Volume 4: Issue 9

### EVENTS

Student ID is required to attend events. Don't have a Student ID, please stop by Enrollment Services in the Taylor Building.



### Tumbling Tryouts

Tuesday, October 29th

7:15 - 7:45 AM

Location: Main Gym Floor

▫ Exciting Opportunity for potential Cheerleaders! ▫

We're holding tryouts to fill a roster spot on our NJCAA all-girl tumbling team! If you have a strong running tuck and are close to landing your standing tuck, we want you to bring your skills to this innovative format. NJCAA cheer combines the best of traditional cheerleading and stunt sport elements, focusing exclusively on cheer matches - no game day routines here!

What to Expect:

- Two practices a week (varies)
  - Three games
- Nationals in Salt Lake City!

If you're ready to bring it, sign up for tryouts by emailing



**DREAM & GLOW**

**OCT. 29<sup>TH</sup> 12-2PM UPPER SUB**

Join us to learn about better sleep health and receive a sleep kit!

FROM ENED 181 MIND-BODY CONNECTION CLASS

Sleep masks, stuffies, oils, and more!  
\*\*Limited supplies

MUST HAVE STUDENT ID

## Dream and Grow Eagle Hour

Tuesday, October 29th  
12:00 - 2:00 PM  
Location: Upper SUB

Join us to learn about better sleep health and receive a sleep kit!

Limited Supplies.



**MOVIE NIGHT IN THE LIBRARY**

movie time!

**HOUSE ON HAUNTED HILL**

Join us for a spine-tingling evening as we screen the cult classic horror film House on Haunted Hill!

**FREE POPCORN AND CANDY!**

**10/29 | 7:00 PM**

## Movie Night in the Library

Tuesday, October 29th  
7:00 PM  
Location: CSI Library

Join us for a spine-tingling evening as we screen the cult classic horror film House on Haunted Hill.

Free Popcorn and candy!

## Eagles Empower Support Group

Wednesday, October 30th  
1:00 - 2:00 PM  
Location: Upper SUB





**EAGLES EMPOWER**  
SUPPORT GROUP

**WHERE & WHEN**  
Student Union Building Southside 2nd floor  
Wednesdays from 1:00 PM to 2:00 PM

**CONTACT**  
Shannon Hyde • shyde@csi.edu  
208.732.6268

**ABOUT US**

Eagles Empower Support Group is for students who identify with the need to build a campus support network with fellow students.

The group will provide opportunities for students to create more caring and equitable relationships with other students on campus.

**ARE YOU INTERESTED?**

- Sharing Your Story
- Encouraging Others
- Engaging in Service Opportunities
- Embracing Positivity

**MISSION STATEMENT**

Eagles helping each other become stronger, more confident, and more successful in our endeavors.

Eagles Empower Support Group is for students who identify with the need to build a campus support network with fellow students. The group will provide opportunities for students to create more caring and equitable relationships with other students.

Contact: Shannon Hyde,  
shyde@csi.edu



**LEARNING & TUTORING COMMONS**

**GRAND OPENING!**

**10.30.2024**

PLEASE JOIN US FOR THE GRAND OPENING!

**THE NEW LEARNING & TUTORING COMMONS NOW LOCATED IN SHIELDS 110!**

**9:00 AM - 12:00 PM**

Stop by to check out our new space, learn more about the services we offer, and meet some of our peer tutors!

**LIGHT REFRESHMENTS WILL BE AVAILABLE!**

## Learning and Tutoring Commons Grand Opening

Wednesday, October 30th  
9:00 AM- 12:00 PM  
Location: Shields 110

Join us for the Learning and Tutoring Grand Opening! Stop by to check out our new space, learn more about the services we offer, and meet some of our peer tutors! Light Refreshments will be available!



YOUR SOUL HAS BEEN SUMMONED BY THE CSI DANCE DEPARTMENT FOR...

# THRILLER

OCTOBER 30, 2024

4:30 PM | DOORS OPEN 4:00

FINE ARTS AUDITORIUM  
COST: FREE

SUGGESTED DONATION: A NON-PERISHABLE  
ITEM FOR GILBERT'S PANTRY

CSI COLLEGE OF  
SOUTHERN  
IDAHO

## Thriller

Wednesday, October 30th  
4:30 PM - Doors open at  
4:00

Location: Fine Arts  
Auditorium

Your soul has been  
summoned by the CSI Dance  
Department for...Thriller!

Cost: Free

Suggested donation: A non-  
perishable item for Gilbert's  
Pantry.

## Spooktoberfest Eagle Hour

Thursday, October 31st  
12:30 - 2:30 PM

Location: Upper SUB

Come learn about Germany,  
mentorship opportunities,  
and hear about an exchange  
program! We will also have  
fun snacks and treats for  
everyone to enjoy along  
with carnival games!

Raffle prizes: Kindle, boo  
basket, and a mystery prize!

**SPOOKTOBERFEST!**

**OCTOBER 31ST** ★

**UPPER SUB**

**12:30 ~ 2:30**

Come learn about Germany, mentorship opportunities, and hear about an exchange program! We will also have fun snacks and treats for everyone to enjoy along with carnival games!

RAFFLE PRIZES:  
KINDLE, BOO BASKET, AND A MYSTERY PRIZE

**DIVERSITY COUNCIL X** **EAGLE LEADS**

## SURGICAL TECHNOLOGY FUNDRAISING

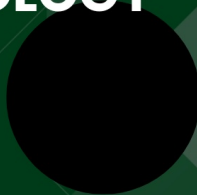
*Help the Surgical Technology Program get to The International Museum of Surgical Science*

Our class is selling Butter Braids to help us reach our goal.

Last day to order is October 29th

Delivery Week will be the week of November 11th

**LINK IN BIO**



## Surgical Technology Fundraising

Help the Surgical Technology Program get to The International Museum of Surgical Science.

Our class is selling Butter Braids to help us reach our goal. Last day to order is October 29th. Delivery week will be the week of November 11th.

[Order Here](#)

CSI Sunspot Gallery – 2<sup>nd</sup> floor of the Taylor Bldg.  
Currently on View: Works from Angela Batchelor's "Printmaking" class



# CSI Sunspot Gallery

2nd Floor of the Taylor  
Bldg.

Come check out the  
works from Angela  
Batchelor's Printmaking  
class.

## FINANCIAL OPPORTUNITIES



### OPPORTUNITY DETAILS



## Scholarship Opportunity

Our friends at the Twin Falls Cars Family of automotive retailers- Twin Falls Subaru and Twin Falls Chevrolet, are offering an exciting scholarship opportunity for CSI students! If you're a CSI student with a flair for creativity, this is your chance to showcase your talent. Simply create engaging video content, for social media, that highlights either of these dealerships. Your video can feature anything from how the dealerships operate, individual vehicles, the hardworking team members, or even the service department—let your imagination lead the way!

The top-rated content creator will receive a \$1,000 scholarship, while the 2<sup>nd</sup> place winner will receive \$500—both through the CSI Foundation, courtesy of the dealerships. For more information, scan the QR code or visit [Here](#)



A young child with short brown hair, wearing a blue long-sleeved shirt and grey pants, is crouching on a light-colored floor. The child is focused on playing with several colorful toys, including a red and orange stacking ring and a yellow and green stacking ring. The background is a bright, out-of-focus indoor setting.

# YOU MAY BE ELIGIBLE FOR A CCAMPIS CHILD CARE SCHOLARSHIP

## DO YOU NEED CHILD CARE ASSISTANCE?

- Do you have children under the age of 5?
- Are you a current student at CSI?
- Do you have a GPA of at least 2.0?

If so, you may be eligible for a CCAMPIS Child Care Scholarship.  
Awards are made on a first come first serve basis with committee approval.



### TO APPLY:

Visit [www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx](http://www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx)  
and click on CCAMPIS Child Care Scholarship

### QUESTIONS? Contact:

Jayde Wilson • [jwilson7@csi.edu](mailto:jwilson7@csi.edu) | Clara Centeno • [cccenteno@csi.edu](mailto:ccenteno@csi.edu)  
or talk to the Financial Aid Office

**Do you need child care assistance? Do you have children under the age of 5? Are you a current student at CSI? Do you have a GPA of at least 2.0? If so, you may be eligible for a CCAMPIS Child Care Scholarship. To apply visit [www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx](http://www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx).**

# SERVICES FOR STUDENTS



**CSI LIBRARY  
FALL SEMESTER HOURS**

**AUGUST 19- DECEMBER 12**

**MONDAY-THURSDAY  
7:30AM - 9PM**

**FRIDAY  
7:30AM - 4PM**

**SATURDAY  
12-4PM**

**CLOSED SUNDAYS**

## CSI Library Fall Semester Hours

August 19- December 12

Monday-Thursday  
7:30am-9:00pm

Friday  
7:30am-4:00pm

Saturday  
12:00pm-4:00pm

Closed Sundays



**CSI WORK-BASED  
LEARNING CENTER**

Stuck on your career path? Resume help, career coaching and internship matching are right here! Visit the Work-Based Learning Center, formerly Career Services, in the ATIC Building.

*get help now!*

[wbl.csi.edu](http://wbl.csi.edu) 208-732-6303

## Work-Based Learning Center

Did you know CSI has a Work-Based Learning Center that offers career services? Our career coach can guide you to the assessments, tools and opportunities to help lead you to success. A fast, fun, free career assessment can help guide you to your next move, plus we can help update your resume and LinkedIn profile.

Learn more about apprenticeships, career coaching, job search support, internships and



more career services at our website and schedule a 15-minute consultation today.

# RIDE

# TFT



## TWIN FALLS TRANSIT

### RELIABLE

RIDE TFT hours of operation are:  
**6 a.m. - 9 p.m. Mon. - Fri.**  
**7 a.m. to 9 p.m. Saturdays**

**\$3 Standard fare**  
**\$1 60 and older or with disability**

### CONVENIENT

Download the convenient app and schedule your ride, see your wait time and drivers location, and more!

### SAFE

RIDE TFT is available for individual riders as young as 12 to ride alone. Any age with an adult. Be assured that you and your loved ones are safe.

### FAST

Pick up at your door and drop off at or near your desired location. It's better than a big bus, it's micro transit.

+1 208-974-7433



## Ride TFT Twin Falls Transit

Ride TFT hours:  
Mon-Fri: 6 AM - 9 PM  
Sat: 7 AM - 9 PM

\$3 Standard fare

Call 208.974.7433 to  
schedule a ride.

# Community

## Gemstone Climbing Center

Schedule and Events  
Flyer.

**DEALS!**

- CSI Students \$10
- Friday Night Teen Night \$10
- Healthy Kids Punch card 5\50

**EVENTS**

- Special Restorative Yoga with Kim on Friday, Oct 18 at 6pm
- Black Light Glow Climb Night on Friday, Nov 1st at 6pm
- Boulder Comp on Saturday, Nov 2nd

**ADULTS & TEENS**

**Learn How to Belay**  
Sat, Oct 12th at 7pm  
Sat, Oct 26th at 7pm  
Privates by request

**Learn How to Lead**  
Fri, Oct 4th from 7 - 9pm  
Sat, Oct 5th from 7 - 9pm  
2 day class

**YOGA & FITNESS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6am Boot Camp 9am Slow Yoga 4:30 Warm Yoga 6pm Hot Yoga	8am Fitness 9am Power Yoga 6:30pm Fitness	6am Hump Day Fit 9am Yoga Basics 4:30pm Warm Yoga 6pm Hot Yoga	8am Fitness 9am REFIT 5:30pm YIN Yoga	6am TFIG Fitness 9am Slow Yoga

**YOUTH CLASSES**

Komodo Dragons	REC Team	Obstacle Course	Home School Group
Ages 5 - 12 Tues & Thurs 4:30pm - 5:30pm	Ages 8-14 Wednesday 5:30pm - 6:30pm	Ages 5 - 12 Mon & Wed 4:30pm - 5:30pm	First Tuesday of every month \$10.99 with gear

Gemstone Climbing Yoga and Fitness

## Day of the Dead Bouldering Comp

**Saturday  
Nov 2nd, 2024**

**\$20  
Fee**      **10AM  
TO  
2PM**

**ALL AGES AND LEVELS BOULDERING  
COMPETITION  
GRADES V0 - V10**

Climb as many routes as you can from 10am - 2pm at Gemstone.  
Points awarded for finished routes.  
Fee does not include day pass but does include gear.  
Prizes awarded as Gemstone gift cards for:  
**Beginner: V0 - V3, Intermediate V4 - V6, Advanced V5 - V10**  
No award ceremony. You'll be contacted via text if you're a winner.  
(Prize values based upon number of competitors.)

All competitors must have an updated waiver and an orientation on file. Spectators are free to watch with an updated online liability waiver.

Sign up online under calendar or email  
kim@gemstoneclimbing.rocks

# Gemstone Climbing Center

Saturday, November 2nd  
10:00AM-2:00PM

All ages and levels  
bouldering competition  
Grades V0-V10. \$20 fee.

Enhabit Home  
Health and



## Make time to make a difference

### Join the Enhabit Home Health & Hospice team and become a hospice volunteer

Enhabit is looking for volunteers to provide companionship and support to patients during their final months and weeks of life. As a hospice volunteer, you'll help ensure that the patient and family's needs are met by assisting with everyday tasks, providing respite time to a patient's caregivers or clerical tasks.

Enhabit values the generosity of our volunteers and provides training and ongoing support. To find more information and fill out a volunteer form, please visit our website or contact your local volunteer coordinator:

**Melissa Estrada, Volunteer Coordinator**  
208.452.4972  
melissa.estrada@ehab.com



Here are just a few specific ways hospice volunteers can help:

- Provide companionship and socialization
- Help with general office support
- Run errands for patients and families
- Write a journal or life story with patients to give to the family
- Play games, read and listen to music with patients
- Walk/care for family pets
- Assist with light house cleaning
- Provide bereavement support



Scan the QR code to access the Enhabit hospice volunteer form

# Hospice

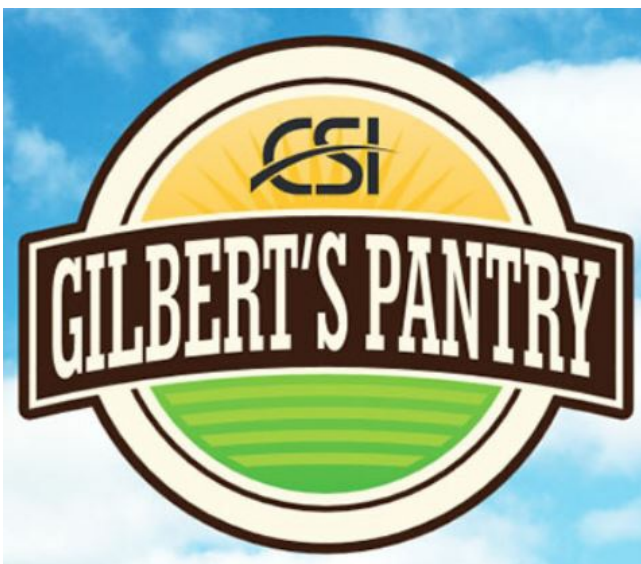
Join the Enhabit Home Health and Hospice team and become a hospice volunteer.

Contact: Melissa Estrada,  
Volunteer Coordinator  
208-452-4972  
melissa.estrada@ehab.com

## Looking for Resources?

Check out the Student Support Services. Click on the MYCSI Tab at the top of the CSI homepage and then select Student Services or follow the link

[Student Support Services](#)



If you are a current student who could use food assistance please know that your request will be handled privately and confidentially. You are eligible for a food box twice a month.

Click on the link below to access the form.

### Gilbert's Pantry Form

Gilbert's Pantry is located in the Student Affairs Office on the 2nd Floor of the Taylor Bldg.

We listen. We care. We help you learn skills for dealing with life.

Student Mental Health Services  
Phone: (208) 732-6260

Located on the 2nd floor of the





College Of Southern Idaho  
csieagles

Follow us on snapchat:

**csieagles**

To be in the know of the  
student events and to ask us  
any questions you have!

Check out the links below to get more information on  
services available for you.

[Food and Dining](#)

[Herrett Museum & Planetarium](#)

[Student Housing](#)

[Library](#)

[Student Mental Health Services](#)

[Outdoor Recreation & Challenge Course](#)

[Student Accessibility Services](#)

[Recreation Center](#)

[Visit the CSI Event Calendar!](#)

[Student Activities](#)



**CSI**  
 COLLEGE OF  
 SOUTHERN  
 IDAHO  
 #CSIEAGLECOUNTRY



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