

Student Events & Activities Newsletter

March 3, 2025 | Volume 4: Issue 19

EVENTS

Student ID is required to attend events. Don't have a Student ID, please stop by Enrollment Services in the Taylor Building.



Spirit Week Dress-Up Days

Monday, March 3rd Rep your Team! Wear your favorite jersey.

Tuesday, March 4th Glow Crazy! Wear your brightest neon.

Wednesday, March 5th Dream Big! Wear your coziest pajamas.

Thursday, March 6th Show your Eagle Pride! Wear your favorite CSI gear.

> Friday, March 7th Rodeo Ready! Dress in Western.

Spirit Week



CSI NUTRITION & WELLNESS CLUB

MARCH 3RD - MARCH 14TH 2025

Items in High Demand: Juice

Cooking Oil

Pasta Sauce

Dish Soap

Dried Beans

Granola Bars

Kleenex **Peanut Butter** Body Soap

CSI NUTRITION & WELLNESS CLUB IS HOLDING THEIR ANNUAL FOOD DRIVE TO BENEFIT GILBERT'S PANTRY.

Events

Emotional Support Stuffies March 5th 12:00-2:00 PM Upper SUB, HSHS, Evergreen *Adopt a cuddly stuffed animal.

Saddle up for Spirit March 6th 12:00-2:00 PM **Upper SUB** *Activities, refreshments and prizes.

Rodeo Roundup March 7th 12:00-2:00 PM **Upper SUB** *Rodeo themed activities, shirts and rodeo tickets.

Food Drive

March 3rd - March 14th

CSI Nutrition and Wellness Club is doing their annual food drive for the Gilbert's Pantry. Please fill the bag with your non-expired donations. You can bring the bag directly to Gilbert's Pantry, TAB 235 or leave it by your door and a CSI Nutrition Club member will pick it up by 3/14/25.

Items in high demand: Juice, Instant Potatoes, Cooking Oil, Pasta Sauce, Dish Soap, Dried Beans, Granola Bars, Kleenex, Peanut Butter and Body Soap.

Instant Potatoes TRULY TOMATOES OATMEAL YURE JURE JURE Tastiest TUNA Silly Chicken:

BEANS

Twit Cocktail

THANK

Youn

PLEASE FILL THIS BAG WITH YOUR NON-EXPIRED DONATIONS. YOU CAN BRING THIS BAG DIRECTLY TO GILBERT'S PANTRY, TAB #235, OR LEAVE IT BY YOUR DOOR AND A CSI NUTRITION CLUB MEMBER WILL PICK IT UP BY 3/14/25.

Creative Calm



Creative Calm EAGLE HOUR

Come and learn to manage stress by creating art with the Art Club! Do a watercolor zendoodle or paint an affirmation rock. Free snacks!

TUESDAY, MARCH 4TH

12:00 - 2:00 PM Location: Upper SUB



Eagle Hour

Tuesday, March 4th 12:00 - 2:00 PM Location: Upper SUB

Come and learn to manage stress by creating art with the Art Club! Do a watercolor zendoodle or paint an affirmation rock. Free snacks!



Rock the Wall

March 5th and 6th 9:00 - 11:00 PM Gemstone Climbing Center 135 5th Ave S.

Join us for an exciting day of rock climbing!

Tickets available at the Student Affairs Office. Limited tickets. Must have Student ID.

Eagles Empower Support Group

Wednesday, March 5th 1:00 - 2:00 PM Location: Taylor Room 233





EAGLES EMPOWER

WHERE & WHEN

Student Union Building Southside 2nd floor Wednesdays from 1:00 PM to 2:00 PM <u>CONTACT</u> Shannon Hyde • shyde@csi.edu 208.732.6268

ABOUT US

Eagles Empower Support Group is for students who identify with the need to build a campus support network with fellow students.

The group will provide opportunities for students to create more caring and equitable relationships with other students on campus.

ARE YOU INTERESTED?

- Sharing Your Story
- Encouraging Others
- Engaging in Service Opportunities
- Embracing Positivity

MISSION STATEMENT

Eagles helping each other become stronger, more confident, and more successful in our endeavors. Eagles Empower Support Group is for students who identify with the need to build a campus support network with fellow students. The group will provide opportunities for students to create more caring and equitable relationships with other students.

Contact: Shannon Hyde, shyde@csi.edu



Our Town

You are cordially invited to our production of *Our Town*, an American classic by Thornton Wilder, running from March 5th through 8th next week. Production begins at 7:30 PM.

Admission to this production is free for current CSI students, faculty, and staff. To pick up your tickets, please visit the CSI Box Office with a valid CSI ID.

Saddle Up for



Spirit Eagle Hour

Wednesday, March 6th 12:00 - 2:00 PM Location: Upper SUB

Challenge other students in activities, enjoy refreshments, and enter to win raffle baskets and rodeo tickets!

The Loneliness Epidemic Symposium

Thursday, March 6th 8:00 AM - 4:15 PM Location: Fine Arts Center

Friday, March 7th 8:00 AM - 3:00 PM Location: Fine Arts Center

The 17th annual College of Southern Idaho Social Science and Humanities Symposium will focus on the loneliness epidemic, recognized as a public health crisis.

For further information on

THE LONELINESS

MAR 6, 2025

8:00AM - 4:15PM

MAR 7, 2025 8:00AM - 3:00PM

Fine Arts Center, College of Southern Idaho

EPIDEMIC

The 17th annual College of Southern Idaho Social Science and Humanities Symposium will focus on the Ioneliness epidemic, recognized as a public health crisis by the Surgeon General. Despite digital connectivity, Ioneliness significantly impacts mental, physical, and societal well-being. This interdisciplinary event will explore its causes, consequences, and strategies to foster meaningful social connections.

FEATURED PRESENTERS

Dr. Danielle Littman

Dr. Royce Hutson

Rebecca Vipperman Mayor of Wendell, ID Katie Zeoli Oregon State University

This program has been approved for **8.25 CEUs** by the Idaho Division of Occupational and Professional Licenses and may be applied toward the continuing education requirements for LPC's, LCPC's, and LMFT's.

This program has been approved for **10 CEUs** by the National Association of Social Workers-Idaho Chapter, and may be applied toward the continuing education requirements for social license renewal.

For further information on academic credit. Contact Matt Reynolds | 208.732.6861

ATTENTION CSI STUDENTS

Earn one (1) credit by attending the symposium in two easy steps 1. Register for the symposium with the QR code 2. Then go to MYCSI and register for SOCY199A.





SOCIAL GROUP MEETING EVERY THURSDAY 5:30-7:30 PM IN THE UPPER SUB

Feeling like the odd eagle out?

Come hang out with us! Games, crafts, and friends! academic credits, CEU's and registration please contact Matt Reynolds at 208-732-6861 or click<u>here</u>.

Welcome to the Flock Social Group

Thursday, March 6th 5:30 - 7:30 PM Location: Upper SUB

Feeling like the odd eagle out? Come hang out with us! Games, crafts and friends! Social group meetings every Thursday.



Wellness Running Day

Saturday, March 8th

Ever wanted to start running with a group but don't know who to go with? This is your perfect opportunity to start!

There will be food and water provided and lunch at the end of your run. We'll be running on the Canyon Rim Trail. Make sure to dress warm! Starts and ends at the Visitors Center, 10:00AM - 12:00PM.

Text 208-731-4351 by March 6th if you would like to join.



Saturday, March 8th Doors open: 1:00 PM Gaming Starts: 3:00 PM Location: Upper SUB

Come join ESports for a Mario Kart Tournament!

For more information click <u>here</u>

Community Service Project



February 1- March 8, 2025 ... CSI MEDICAL ASSISTANT CLUB ··

Community Service Project

St. Luke's CARES

(Children at Risk Evaluation Services)

Donations being accepted for any of the following: Backpacks grades 1-12 Blankets ages 5-17 Notebooks and pens ages 10-17 Color books with crayons/colored pencils all ages Hygiene supplies (*travel size*) all ages: -shampoo/conditioner -combs/brushes -toothbrushes/toothpaste -deodorant -cologne/perfume -female cosmetic bags/personal hygiene products

Contact CSI Medical Assisting Club Advisor: Kara Mahannah kmahannah@csi.edu 208-732-6728 Monetary donations accepted to purchase needed items!

February 1st - March 8th

Consider donating to the Children at Risk Evaluation Services at St. Luke's. They are accepting any of the following items:

- Backpacks grades 1-12
- Blankets ages 5-17
- Notebooks and pens ages 10-17
- Color books with crayons/colored pencils all ages
- Hygiene supplies (travel size) all ages

Donation boxes will be set up throughout the campus.

Contact Kara Mahannah at kmahannah@csi.edu with any questions.



Seeds 'n Sweets Eagle Hour

Tuesday, March 11th 12:00 - 2:00 PM Location: Upper SUB

Join us for yummy treats, planting, and if you don't have a green thumb - don't worry, we have just the plant for you!

Yoga in the CSI Library

Wednesday, March 12th 12:00 - 1:00 PM Location: CSI Library



All yoga levels welcome! Yoga mats provided.



Join us for Yoga in the CSI Library. All yoga levels welcome to join! Yoga mats provided.

MARCH 12TH, NOON TO 1 PM

IBRARY BOOK CLUB THE BOOK CLUB PICK FOR MARCH IS... "THE ONE" BY JOHN MARRS

OHN MARRS

COPIES AVAILABLE FOR CHECK OUT!

> WHEN: MARCH 27TH, FROM 12-1 CSI LIBRARY

Library Book Club

Thursday, March 27th 12:00 - 1:00 PM Location: CSI Library

March's book club pick is The One by John Marrs. Copies are available at the CSI Library. Don't forget to join us for the discussion.

> Library Reading Challenge



Complete 3 boxes to win a prize at the CSI Library! Bring your completed March Reading Challenge to the library by March 31st.



ESports Upcoming Tournaments

Saturday, March 8th Mario Kart Tourney Doors Open: 1:00PM Gaming Starts: 3:00PM Location: Taylor Building, Second Floor

Saturday, April 12th Chess and Catan Tourney Doors Open: 1:00PM Gaming Starts: 3:00 PM Location: Taylor Building, Second Floor Partnering with Black Dragon Games and the Magic Valley Chess Association

For more information click here

FINANCIAL OPPORTUNITIES



DEADLINE: March 21st, for 2025-2026

Resident Assistant

A Resident Assistant (RA) is a student leader and resident of CSI Student Housing whose main task is to create a sense of belonging and a community of support. As a role model, resource, and advocate for other residents, RAs also serve on the RA Council to assist in events and activities campus wide, respond to emergencies, help create a safe space for residents to thrive, inform residents of campus events, do rounds, and work HUB shifts (EH only).

Benefits

- Housing scholarship
- Weekly and annual leadership training
- Annual leadership retreat Annual Challenge Course experience
- Meal plan scholarship (EH only)

FOR MORE INFORMATION

EAGLE HALL: AIMEE BOYER EMAIL: HOUSING@CSI.EDU PHONE: 208-732-6575

Responsibilities Create community with CSI student housing

- residents Participate in Leadership Development
- Assist the Residence Coordinator/Apartment Manager and Office of Student Affairs Enforce & abide by the Student Code of Conduct
- & Housing Policies Serve on the RA Council Plan and execute events & activities
- · Rounds &/or HUB shift, weekdays and weekends

Requirements

- Enroll in & maintain 12+ credits/semester
 Maintain a 2.5+ GPA
 - Reside in CSI Housing
- Role model a standard of professional conduct
- Maintain good financial & judicial standing



Apply to be a Resident Assistant

A Resident Assistant is a student leader and resident of **CSI Student Housing whose** main task is to create a sense of belonging and a community of support.

Benefits:

- 1. Housing Scholarship
- 2. Leadership Training
- 3. Leadership Retreat
- 4. Meal plan Scholarship

For more information contact Aimee Boyer at housing@csi.edu or 208-732-6575 or Wanda Luna at wluna@csi.edu or 208-733-0740.

Student Essay Contest

NISOD invites you to participate in the Scott Wright Student Essay Contest! Describe in a 500word essay how a faculty member, staff member or

EAGLE VIEW: WANDA LUNA FMAIL: WLUNA@CSLEDU PHONE: 208-733-0740



STUDENT ESSAY CONTEST

NISOD invites you to participate in the Scott Wright Student Essay Contest! Describe in a 500-word essay how a faculty member, staff member, or administrator encouraged you to complete a course, finish a semester, or graduate from college and how that encouragement helped you reach your goal(s).

The Prize

Three (3) winning student authors and the featured faculty members, staff members, or administrators in the winning essays will each receive:

- \$1,000 USD
 Travel to the International Conference on Teaching and Leadership Excellence (May 24-27 in Austin, Texas), which
- Up to \$400 USD toward travel to Austin, Texas; • Up to three (3) nights lodging (Saturday, Sunday,
- Monday nights only);
 One (1) complimentary conference registration.
- In addition, each winning student author's college will receive a complimentary one-year NISOD membership.

Evaluation Criteria

- Submissions will be evaluated based on the following criteria:
- Organization
 Conciseness
 Grammar ContentOriginality
- Clarity

Eligibility Requirements

- Student must be enrolled at a NISOD member college for the spring semester to participate.
- Students must be at least 18 years old by May 2025. The faculty, staff member, or administrator written about in the
- must currently be employed by the college

The student and the faculty, staff member, or administrator written about in the essay must be able to travel to Austin to participate in the Student Essay Contest presentation held during NISOD's annual conference.

Timeline

- · Contest opens: August 19, 2024 Submission deadline: March 7, 2025
- Winners notified: March 21, 2025
- Winners nonited: Nation 21, 2023 Winner acceptance due: April 4, 2025 Prize presented and essay read at NISOD conferen May 25, 2025



Visit www.nisod.org/sec for complete details.

administrator encouraged you to complete a course, finish a semester, or graduate from college and how that encouragement helped you read your goal(s). Three winning students receive \$1,000, travel to the International Conference on Teaching and Leadership Excellence and a 1year NISOD membership. Submission deadline: March 7, 2025

Visit here for complete details:



CSI.EDU/FINANCIAL-AID/SCHOLARSHIPS

Do you need childcare assistance? Do you have children under the age of 5? Are you a current student at CSI? If so, you may be eligible for a CSI Foundation's Childcare Scholarship. To apply visit www.csi.edu/financial-aid/scholarships.

SERVICES FOR STUDENTS

CSI LIBRARY Spring Genester Hours

JANUARY 21 - MAY 15

MONDAY - THURSDAY 7:30 AM - 9 PM

> FRIDAY 7:30 AM - 4 PM

> > SATURDAY 12 - 4 PM

SUNDAY - CLOSED

CSI Library Spring Semester Hours

January 21- May 15

Monday-Thursday 7:30am-9:00pm

Friday 7:30am-4:00pm

Saturday 12:00pm-4:00pm

Closed Sundays



ARE YOU A SINGLE PARENT OR DISPLACED HOMEMAKER?

EMAIL cnd@csi.edu PHONE 208.732.6219 WEBSITE csi.edu/center-for-new-directions

Stronger careers, brighter futures— CSI's Center for New Directions is here to support single parents and displaced homemakers on their journey to success!

CSI's Center for New Directions is here to support single parents and displaced homemakers on their journey to success! For information you can email cnd@csi.edu, call 208-732-6219, or visit the website <u>here.</u>



Work-Based Learning Center

If you're looking for career help, visit the Work-Based Learning Center! WBLC Manager Stefanie Hauff is available to help you find a job or internship or start charting your career path.

What we do:

- 1-on-1 meeting to identify a career path.
- Paid Internships
- Help with your resume, cover letters and LinkedIn account.
- Mock interviews
- Eagle Job Board is full of real, local job openings from trusted employers.
- Watch our video for more information <u>Click Here</u>

Community

Ride TFT Twin Falls Transit

For current hours visit their website here.

\$3 Standard fare

Call 208.974.7433 to schedule a ride.



RELIABLE

SAFE

safe.

FAST

RIDE TFT hours of operation are: 6 a.m. - 9 p.m. Mon. - Fri. 7 a.m. to 9 p.m. Saturdays

\$3 Standard fare \$1 60 and older or with disability

CONVENIENT

Download the convenient app and schedule your ride, see your wait time and drivers location, and more! Pick up at your door and drop off at or near your desired location. It's better than a big bus, it's micro transit.

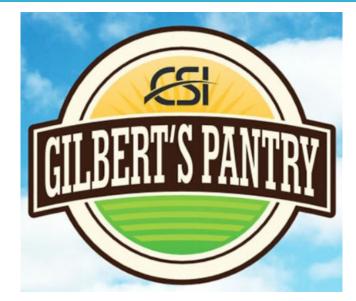
RIDE TFT is available for individual riders as young as 12 to ride alone. Any age with an adult. Be assured

that you and your loved ones are

+1 208-974-7433 💵 📼

Looking for Resources?

Check out the Student Support Services. Click on the MYCSI Tab at the top of the CSI homepage and then select Student Services or follow the link <u>Student Support Services</u>



If you are a current student who could use food assistance please know that your request will be handled privately and confidentially. You are eligible for a food box twice a month.

Click on the link below to access the form.

Gilbert's Pantry Form

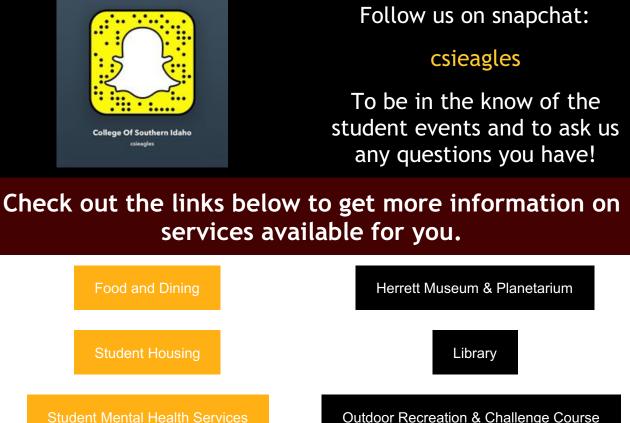
Gilbert's Pantry is located in the Student Affairs Office on the 2nd Floor of the Taylor Bldg.

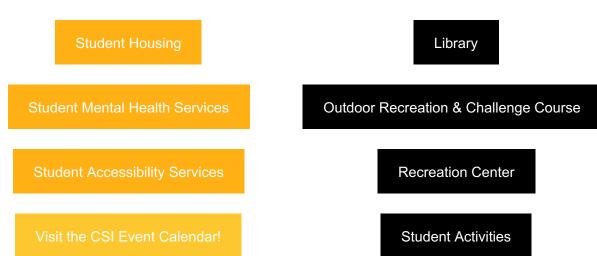
We listen. We care. We help you learn skills for dealing with life.

Student Mental Health Services Phone: (208) 732-6260



Located on the 2nd floor of the Taylor Building in the Center for Student Support and Connection.







College of Southern Idaho | www.csi.edu



College of Southern Idaho | 315 Falls Ave. | Twin Falls, ID 83301 US

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